

REVIEW ARTICLE

Impact of Maxillary Canine Impactions- A Review

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Abstract

Impacted canines are a frequent finding among patients during routine examinations. Early recognition, interception and appropriate referral by the practitioner are essential. This article reviews its impact on diagnosis and clinical management in an orthodontic and surgical aspect. (2020, Vol. 04; Issue 01: Page 29 - 33)

Keywords: Canine impaction, Cuspids, Eruption, Impacted tooth.

Introduction

The permanent canines are the foundation of a balanced smile and functional occlusion (1). Hence canines are also considered as the cornerstones of the dental arch. Impacted canines are those with a delayed eruption time or that are not expected to erupt completely based on clinical and radiographic assessment (1-3).

In a review of the literature, Bishara reported that incidence of maxillary canine impaction ranges between 1% and 3% of patients (4). After lower third molars, maxillary canines are the most frequently impacted teeth (5). This article reviews its impact on diagnosis and clinical management in an orthodontic and surgical aspect.

Prevalence and Etiology

Impacted permanent maxillary canines occur as 85% palatal and 15% labial (1, 2, 5, 6). Although the exact etiology of palatally impacted maxillary canine is unknown; however, two common theories may explain the phenomenon: the guidance theory and the genetic theory. The "guidance theory of palatal canine displacement" proposes that this anomaly is due to local predisposing causes including congenitally missing lateral incisors, supernumerary teeth, odontomas, transposition of teeth and other mechanical determinants that all interfere with the path of

eruption of the canine (2,7-9). Maxillary canines develop high in the maxilla, are the last teeth to develop and travel a long path before they erupt into the dental arch among all teeth (10). These factors increase the risk for mechanical disturbances resulting in displacement and thus, impaction.

The second theory for canine impaction is known as—the genetic theory. In this theory palatal impaction of canines has been found to be related to congenital absence of teeth, and is suggested to be of the same genetic origin. In addition, there are some factors that are thought to cause canine impaction such as obstacles, abnormal position of tooth bud, dental crowding, long and complicated path of eruption, late eruption date, early loss of deciduous canine, prolonged retention of the deciduous teeth, and systemic disease. Palatally impacted maxillary canines are often present with other dental abnormalities including tooth size, shape, number, and structure; hypoplastic enamel, infra-occluded primary molars and aplastic second bicuspid (11-13). If orthodontic treatment is not provided for impacted canine, complications such as root resorption of the neighbouring lateral incisor and first premolar, and development of cyst may occur (14-16). (Fig. 1, 2)



Fig 1: The tooth 22 was extracted to adjust the displaced tooth 23. The tooth 22 is highly resorbed. [Courtesy: M. Abu-Hussein, N. Watted, E. Hussien, P. Proff, A. Watted. Maxillary Impacted Canines; Clinical Review. International Journal Dental and Medical Sciences Research, 2017; 1(6): 10-26.]



Fig 2: These periapical radiographs show severe lateral root resorption that resulted from palatally impacted cuspids that resorbed the adjacent roots. [Courtesy: Grace Richardson, Kathy A. Russell. A Review of Impacted Permanent Maxillary Cuspids — Diagnosis and Prevention. Journal of Canadian Dental Association, 2000; 66: 497-501].

Diagnosis

Early detection of the impacted tooth may reduce treatment time, complexity, complications and cost. Ideally, patients should be examined by the age of 8 or 9 years to determine whether the canine is displaced from a normal position in the alveolus and assess the potential for impaction (14). Investigations for impacted canines should be carried out clinically and radiographically. Clinical assessment will involve visual inspection and palpation. Visual inspection include lack of a canine bulge in the buccal sulcus by the age of 10

years, over retained primary cuspids, delayed eruption of their permanent successor and asymmetry in the exfoliation and eruption of the right and left canines (14). Clinical signs of retained primary cuspids beyond the age of 13 years that have no significant mobility strongly indicate displacement and impaction of permanent canines (14, 17). An exaggerated distally tipped incisor, rotated lateral incisor, retroclined lateral incisors and in severe cases, the central incisor crown may become malpositioned (14, 18).

Palpation of the buccal and lingual mucosa, using the index fingers of both hands simultaneously, is recommended to assess the position of the erupting maxillary canines (9). Palpation of canine bulge shows an obvious palpable bilateral asymmetry in patients older than 10 years (1, 12, 19).

Radiographs are critical for determining the position of impacted canines and their relation to adjacent teeth, assessing the health of the neighbouring roots while determining the prognosis and best mode of treatment (20). Radiographic evaluation includes panoramic view (OPG), lateral cephalogram, IOPA x-rays with parallax technique (horizontal/vertical) and occlusal view. Specialized views include CT and CBCT (21-23).

Management

Impacted canine often requires a multidisciplinary treatment involving oral surgeons and orthodontists. Various clinicians working on the case must have good communication to provide optimal care for the patient (4, 12, 13).

1. Interceptive Treatment

Selective extraction of the deciduous canines as early as 8 or 9 years of age has been suggested by Williams, as an interceptive approach to canine impaction in Class I uncrowded cases. Ericson and Kuroi suggested that removal of the deciduous canine before the age of 11 years will normalize the position of the ectopically erupting permanent canines in 91% of the cases if the canine crown is distal to the midline of the lateral incisor. On the other hand, the success rate is only 64% if the canine crown is mesial to the midline of the lateral incisor (4, 10).

Baccetti et al did a randomized clinical trial in 2008 and concluded that the extraction of primary canine is an effective way to normalize the eruption of maxillary canine by two times the possibility than in untreated controls. The use of cervical-pull headgear in addition to extraction significantly increased the rate of successful eruption of the permanent canine by up to three times more than in the untreated controls. It can be concluded that the extraction of deciduous canine before the age of 11 years is still an accepted interceptive approach to prevent canine impaction (23).

2. Alternative Treatment options

i. Auto transplantation of the canine (20, 21).

ii. Extraction of the impacted canine and movement of a first premolar in its position.

iii. Extraction of the canine and posterior segmental osteotomy to move the buccal segment mesially to close the residual space.

iv. Prosthetic replacement of the canine (not convenient for juvenile patients).

v. Surgical exposure of the canine and orthodontic treatment to bring the tooth into the line of occlusion (most desirable approach) (4).

3. Management of palatally impacted canine

The most commonly used methods are:

i. Surgical exposure, allowing natural eruption to occur.

ii. Surgical exposure with the placement of an auxiliary. Orthodontic forces are subsequently applied to the attachment to move the impacted tooth.

4. Management of labially impacted canine

Management of labially impacted canines involves a stepwise procedure, as follows: (Fig 3)

i. Surgical exposure

ii. Placement of orthodontic attachment

iii. Traction force application (23).



Fig.3: Retraction of labially impacted canine.

[Courtesy: Yadav R, Shrestha BK : Maxillary Impacted Canines: A Clinical Review. Orthodontic Journal of Nepal, 2013; 3(1): 63-68].

Three techniques have been proposed by Kokich for uncovering a labially unerupted maxillary canine (gingivectomy, apically positioned flap, and closed eruption technique). He also suggested evaluation of four criteria to determine the correct method for uncovering the tooth so the outcome achieves the optimum periodontal health. These criteria include the distance between the canine cusp and the mucogingival junction; the labiolingual position; the mesiodistal position; and the amount of gingiva in the area of the impacted canine (24).

i. Surgical exposure:

It is recommended that the surgical procedure designed to expose impacted canine through alveolar mucosa should simultaneously provide a band of attached gingival to the exposed tooth. Otherwise, improper soft-tissue management may lead to mucogingival recession and loss of alveolar bone. Before a labially impacted canine is exposed, consideration should be given to create the sufficient space to allow the canine to be moved in the area (4). Closed eruption technique is the preferred method of uncovering labially impacted tooth. It involves elevating a flap, placing an attachment on the impacted tooth and returning the flap to its original location. If the tooth is displaced near the nasal spine; pedicle flap is reflected, orthodontic attachment is placed and the flap is returned to its original position for complete closure. The orthodontic traction force is applied one week after creating a normal direction of tooth eruption.

ii. Placement of orthodontic attachment

- Polycarbonate crowns cemented onto the exposed crown.
- Wire lasso (Fig 4A)
- Drilling hole at canine tip and passing ligature through the hole then traction force is applied.
- Orthodontic attachment of bondable mesh, bracket or lingual button with ligature chain or to the bonded attachment (Fig 4B).
- Multiple eyelet chain.
- Magnets in attractive mode. (23)

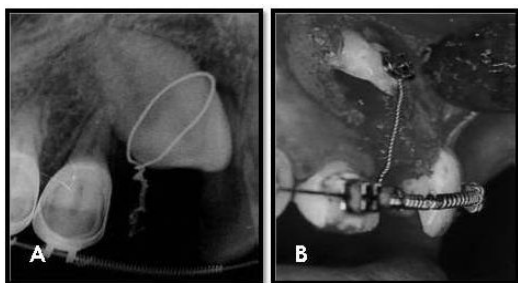


Fig 4: A. Wire lasso. B. Bondable bracket with ligature. [Source: Yadav R, Shrestha BK : Maxillary Impacted Canines: A Clinical Review. Orthodontic Journal of Nepal, Vol. 3, No. 1, June 2013 63-68].

iii. Traction force application

Following considerations are recommended:

- Use of light force to move impacted tooth; no more than 2 ounces (60 grams)
- Availability or creation of sufficient space in the arch for impacted tooth.
- Maintenance of the space either by continuous tying of the teeth or placement of a passive open coiled spring on the arch wire.
- Provision by the arch wire of sufficient stiffness (e.g. 0.018 x 0.022) to resist deformation by the forces applied to it as the canine is extruded (4).

When to extract an impacted canine?

Surgical extraction is indicated in the following situations:

- a) The existence of infection, cyst, or tumor related to the impacted canine.

- b) If it causes periodontal disturbance of the adjacent teeth.
- c) Presence of neuralgic symptoms.
- d) It is ankylosed and cannot be transplanted.
- e) Root resorption affecting the adjacent teeth.
- f) If the root of impacted canine is severely dilacerated.
- g) Severe impaction of canine tooth.
- h) Patient's unwillingness to orthodontic treatment (1, 4, 11, 20).

Retention

In a study, Backer et al evaluated the post-treatment results of impacted canines. They observed an increased incidence of rotations and spacings on the impacted side in 17.4% of the cases, whereas on the control side the incidence was only 8.7%. The control side had ideal alignment twice as compared to the impacted side. To prevent rotational relapse, circumferential supracrestal fiberotomy or a bonded fixed retainer is required on completion of the treatment and sometimes even before the appliances are removed. Clark suggested that after the alignment of palatally impacted canines, lingual drift can be prevented by removal of a half-moon shaped wedge of tissue from the lingual aspect of the canine (23).

Conclusion

The incidence of maxillary canine impaction is significant and relatively frequent clinical presentation in dentistry. Practitioners should be aware of early recognition and interceptive treatment. If signs of ectopic eruptions are detected early every effort should be made to prevent impaction and its consequences.

Early intervention can eliminate the need for surgical intervention and complex orthodontic treatment otherwise surgical exposure and orthodontic correction is the most preferable treatment. In such cases, early recognition and appropriate referral for orthodontic treatment are essential. Extraction of the impacted canine should be last resort.

In conclusion, the management of impacted canines requires a multidisciplinary approach as it plays a vital role in esthetics and function.

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